
Results

002:00

Men's Junior 12 - 002:00

Position	Name, Club/Team Name	Age	Result
1	Lucas BROOKE St John's Beaumont, Ber		531m
2	Obonya OBE St John's Beaumont, Berks		511m
3	Thomas YOUDS St John's Beaumont, Ber		501m
4	Archie ROSS St John's Beaumont, Berk		500m
5	Mahmoud AHMED Fitzalan High		499m
6	Sean GLOSSOP Corpus Christi High		495m
=7	Faris MALIK Fitzalan High		492m
=7	Mattias SEUREN St John's Beaumont, B		492m
9	Kit BLOOR St John's Beaumont, Berksh		484m
10	Ben STEINER St John's Beaumont, Berk		481m
11	Huw HOYLE Plasmawr		479m
12	Thomas BATEMAN St John's Beaumont, B		477m
13	Ewan CALDER Whitchurch High		468m
14	James LANGSTON St John's Beaumont, B		466m
15	Yudhvir SHOURIE St John's Beaumont,		465m
16	Tom ROBERTS Cardiff High		456m
17	Sam PELL Whitchurch High		451m
18	Joel DAKOH St John's Beaumont, Berks		449m
19	Oliver Mc GREE Plasmawr		448m
20	Thomas ROCCO St John's Beaumont, Ber		447m
21	Sam DAVIES Dyffryn Taf Whitland		441m
22	Oliver BRAIN Corpus Christi High		439m
23	Isaac PHELPS Whitchurch High		436m
24	Lloyd MAMMATT Dyffryn Taf Whitland		432m
25	Ellis JONES- COLE Plasmawr		430m
26	Daniel COATES St John's Beaumont, Be		429m
27	Jamie THOMAS Dyffryn Taf Whitland		426m
=28	William DAVIES Dyffryn Taf Whitland		420m
=28	Samuel FRANKS Corpus Christi High		420m
30	Harry OWEN Whitchurch High		415m
31	Freddie LLOYD Corpus Christi High		413m
32	Lloyd PRYTHERCH Plasmawr		411m

Results

002:00

Men's Junior 12 - 002:00

Position	Name, Club/Team Name	Age	Result
33	Hugo THOMPSON Llandovery College		405m
34	Liam Martin Plasmawr		390m
35	Morgan JONES Plasmawr		389m
36	Max HOLLAND Dyffryn Taf Whitland		388m
37	Tomos DAVIS Llandovery College		387m
38	Jacob MORGAN Llandovery College		382m
39	Theo LUCKMAN Dyffryn Taf Whitland		378m
40	Scott LEWIS Dyffryn Taf Whitland		374m
41	David JARAMILLO Dyffryn Taf Whitland		367m

Results

003:00

Men's Junior 13 - 003:00

Position	Name, Club/Team Name	Age	Result
1	Luke MANN St John's Beaumont, Berksh		821m
2	Wilfrid ULRICH Corpus Christi High		817m
3	Joe PERRY Carleon Comp		807m
4	Thomas BROOK St John's Beaumont, Ber		783m
5	Iwan JONES Cardiff High		778m
6	Thomas DELVE Corpus Christi High		776m
7	Kareem GARLICK St John's Beaumont, B		771m
8	Arthur WHITING Bishop of Hereford Bl		767m
=9	William TOVEY Corpus Christi High		750m
=9	Oliver LEWIS Llandaff Cathedral		750m
11	Iwan HADFIELD Llandaff Cathedral		747m
12	Bryn ALLEN Carleon Comp		745m
13	Oliver WIGZELL St John's Beaumont, B		740m
14	Alex AINSWORTH Carleon Comp		738m
15	Jahnu PARVATANENI St John's Beaumont		736m
=16	Matthew GIBBINS Corpus Christi High		731m
=16	Peter ELWES St John's Beaumont, Berk		731m
=18	Caine COOPER Fitzalan High		727m
=18	Rhys TALLENTIRE St John's Beaumont,		727m
20	Shaun GUERRERO Corpus Christi High		718m
21	Hugh DELA CRUZ Corpus Christi High		717m
22	Jacob MILES Dyffryn Taf Whitland		711m
23	Joseph PHELPS Dyffryn Taf Whitland		710m
24	Raihann BIJU Whitchurch High		701m
25	Natahn KOSTANJEVEC Carleon Comp		698m
26	Stephen PILOT Dyffryn Taf Whitland		697m
27	Taylor REES Dyffryn Taf Whitland		696m
28	James DANIEL St John's Beaumont, Ber		691m
29	Richard ALEFUMO Llandaff Cathedral		689m
30	Evan WALLACE Corpus Christi High		688m
31	Eric WILLIAMS Whitchurch High		686m
32	Jay MARWAHA St John's Beaumont, Berk		684m

Results

003:00

Men's Junior 13 - 003:00

Position	Name, Club/Team Name	Age	Result
=33	Matthew MOORHOUSE Llandaff Cathedral		681m
=33	Jac HOWELLS Dyffryn Taf Whitland		681m
35	Aarun JONES Carleon Comp		676m
=36	Harry BLUCK Llandaff Cathedral		675m
=36	Ethan THOMAS Llandovery College		675m
38	Oscar SNOWTON Llandaff Cathedral		673m
39	Samuel WOODING Corpus Christi High		672m
40	Ethan JENKINS Fitzalan High		671m
41	Owen McCORMACK Whitchurch High		670m
42	Max GOLDSWORTHY Dyffryn Taf Whitland		665m
43	Iwan MORGANS Dyffryn Taf Whitland		655m
=44	Alex LANGLEY Llandaff Cathedral		652m
=44	Oliver POPHAM Llandaff Cathedral		652m
46	Bradley GODDEN Carleon Comp		651m
47	Jon BRIGHT Carleon Comp		644m
48	George SOUTHCOMBE Llanishen High		641m
49	Owain HUGHES Dyffryn Taf Whitland		634m
50	Lewis HOUGH Dyffryn Taf Whitland		625m
51	Milan SOJITRA Llandaff Cathedral		608m
52	Tom JENKINS Llandaff Cathedral		592m
53	Ewan JONES Llanishen High		591m
54	Josh DAVIES Dyffryn Taf Whitland		581m
55	Rhys O'MARA Dyffryn Taf Whitland		571m

Results

004:00

Men's Junior 14 - 004:00

Position	Name, Club/Team Name	Age	Result
1	Thomas HUTCHINSON Bishop of Hereford		1175m
2	Kieran STEWART Corpus Christi High		1101m
3	Matt BURKE Carleon Comp		1100m
4	Tom JOSE Cowbridge		1095m
5	Dan LEWIS Carleon Comp		1078m
6	Lucas MILSOM Whitchurch High		1063m
=7	Luca GALLACCIO Whitchurch High		1061m
=7	Trent JONES Corpus Christi High		1061m
9	Luke WILLIAMS Bishop of Llandaff Hig		1045m
10	Harry HALPIN Bishop of Hereford Blue		1026m
11	Kieran ALLEN Dyffryn Taf Whitland		1017m
12	Connor BROOKS Corpus Christi High		1016m
=13	Tom WILLIS Bishop of Llandaff High		1014m
=13	Alex GORBE Fitzalan High		1014m
15	John DAVIES Whitchurch High		997m
16	Josh KUNZ Carleon Comp		985m
17	Ben PINCHES Whitchurch High		979m
=18	Joel CUSACK Corpus Christi High		978m
=18	Dan COOMBE Carleon Comp		978m
20	AJ EDU Llandovery College		976m
21	Nat AHMED Corpus Christi High		969m
22	Mohammed ABDI Fitzalan High		964m
23	Luc JAMES Corpus Christi High		961m
24	Henry BURNS Plasmawr		951m
25	Ben ALLEN Bishop of Llandaff High		944m
26	Hamish CRICHTON Llandovery College		917m
27	Gabriel SMITH Llandaff Cathedral		896m
28	Chris PADDISON Plasmawr		885m
29	Harri STALLARD Plasmawr		878m
30	Rhydian DAVIES- HUGHES Plasmawr		859m
31	Barney EVANS Llandovery College		837m
32	Llewelyn SMITH Llandovery College		821m

Results

004:00

Men's Junior 14 - 004:00

Position	Name, Club/Team Name	Age	Result
33	Sebastien HOWELLS Dyffryn Taf Whitla		818m
34	Jack SALEM Llandaff Cathedral		811m
35	Jack MILES Dyffryn Taf Whitland		806m
36	Morgan DAVIES Llandovery College		791m
37	Scott REES Llandovery College		787m

Results

005:00

Men's Junior 15 - 005:00

Position	Name, Club/Team Name	Age	Result
1	Dylan PALMER Radyr		1479m
2	Guto JOHN Glantaf		1454m
3	George HUDSON Bishop of Hereford Blu		1443m
4	Garmon AB LON Plasmawr		1429m
5	Tom COLLINS Stanwell Comp		1386m
6	Ross CARTWRIGHT Bishop of Hereford B		1385m
7	Jack McCORMACK Whitchurch High		1382m
8	Ianto JONES Llandovery College		1363m
9	Will HAZELDINE Carleon Comp		1357m
10	Oliver SANDFORD Bishop of Hereford B		1354m
11	Rhodri BEYNON Whitchurch High		1352m
12	Ben ROBERTS Bishop of Llandaff High		1347m
=13	Owen JONES Whitchurch High		1344m
=13	Ben PUGH Carleon Comp		1344m
15	Jasper RAY Monmouth		1343m
16	Jack MACFARLANE Monmouth		1329m
17	James BAKER Monmouth		1328m
18	Dominic ALSTEAD Stanwell Comp		1324m
=19	Joshua MALE Corpus Christi High		1321m
=19	Harry DAVIS Llandovery College		1321m
=19	Matthew JACKSON St Cyres, Penarth		1321m
22	Jackson STAYE Bishop of Hereford Blu		1308m
=23	Tom WILEY Whitchurch High		1300m
=23	Daniel EVANS Llandovery College		1300m
25	Alex ROME- GRIFFIN Monmouth		1298m
26	Rhys BALDWIN Monmouth		1297m
27	Angus ROBERTSON Whitchurch High		1296m
28	Peter RICHARDS Monmouth		1295m
29	Freddie PRICE Monmouth		1289m
30	Mike JONES Carleon Comp		1288m
31	Sean COWON Corpus Christi High		1285m
32	Christian DEAN Llandovery College		1264m

Results

005:00

Men's Junior 15 - 005:00

Position	Name, Club/Team Name	Age	Result
33	Tomos HAINES- JONES Monmouth		1262m
34	James ALLOTT Carleon Comp		1240m
35	Prakrit PRASAND Llandaff Cathedral		1234m
36	George BETTLEY Monmouth		1230m
37	Louis ROBINSON Monmouth		1195m
38	Caio KATZ Llandovery College		1184m
39	Oli MURISON Llandovery College		1168m
40	Ellis HUDSON Llandovery College		1160m
41	Kurtis WHITE Cardiff High		1138m

Results

002:00

Women's Junior 12 - 002:00

Position	Name, Club/Team Name	Age	Result
1	Hannah DRURY Whitchurch High		505m
2	Helan AHMED Fitzalan High		465m
3	Lydia DRINKALL Llandovery College		463m
4	Bethan JONES Glantaf		461m
5	Sophie TAYLOR Whitchurch High		460m
6	Steph JACKSON Llandough Primary		416m
7	Melissa FIDER Fitzalan High		388m
8	Heba MOHAMED Fitzalan High		383m
9	Cherry PLATT Dyffryn Taf Whitland		376m
10	Eve WILSON Dyffryn Taf Whitland		350m

Results

003:00

Women's Junior 13 - 003:00

Position	Name, Club/Team Name	Age	Result
=1	Charlotte MITCHELL Carleon Comp		737m
=1	Holly PICKERSGILL Fitzalan High		737m
3	Alice WILLIAMS Fitzalan High		721m
4	Carys BILL Plasmawr		710m
5	Casey BRIDGEMAN Dyffryn Taf Whitland		693m
6	Moya LEWES Llandovery College		686m
7	Katy PILKINGTON Llandovery College		671m
8	Megan PLAYER Llanishen High		669m
9	Toni HARRIES Dyffryn Taf Whitland		667m
10	Elin JONES Dyffryn Taf Whitland		663m
11	Emily NOON Carleon Comp		660m
12	Jessica PHILLIPS Dyffryn Taf Whitlan		646m
13	Isabelle JAMES Llandovery College		640m
14	Kirsty BABER Carleon Comp		631m
15	Ruby JOHN Carleon Comp		619m
16	Ffion JONES Plasmawr		607m
17	Ceulyn DAVIES Dyffryn Taf Whitland		602m
18	Ella TOUGH Plasmawr		599m
19	Macey BOWEN Dyffryn Taf Whitland		597m
20	Grace MEADS Whitchurch High		594m
21	Eva JONES Whitchurch High		593m
22	Elin MORGAN Plasmawr		584m
23	Ceira WOOD Dyffryn Taf Whitland		574m
24	Gwen WILLIAMS Plasmawr		570m
=25	Alys HAYNES Plasmawr		561m
=25	Molly EVANS Plasmawr		561m
27	Elin PREEST Plasmawr		555m
28	Ella CASSERLY Cardiff High		525m
29	Alys EVANS Plasmawr		503m

Results

004:00

Women's Junior 14 - 004:00

Position	Name, Club/Team Name	Age	Result
1	Jesse JONES Radyr Comp		1020m
2	Honor LEWIS Bishop of Hereford Bluec		983m
3	Kate MINGAY Radyr Comp		969m
4	Selina RADCLIFFE Cowbridge		931m
5	Jess SCREEN Whitchurch High		920m
6	Bethan SMITH Bishop of Llandaff		916m
7	Jenny LUDTKE Llanishen High		902m
8	Buffy PLATT Dyffryn Taf Whitland		901m
9	Eve HOLCOMBE Llanishen High		897m
10	Megan JONES Carleon Comp		895m
11	Keeley PHILLIPS Dyffryn Taf Whitland		881m
12	Bethany RANDALL Llandovery College		879m
13	Ellis BREESE Carleon Comp		874m
14	Amy ALLSOP Carleon Comp		849m
15	Amy JOHNSON Carleon Comp		845m
16	Lori THOMAS Dyffryn Taf Whitland		842m
17	Ana JARRETT Carleon Comp		831m
18	Chloe PRIDE Fitzalan High		829m
19	Lauren DAVIES Dyffryn Taf Whitland		826m
20	Ellie BRANFORD Dyffryn Taf Whitland		822m
21	Ceri BETH- ROYAL Plasmawr		811m
22	Jasmin HALL Carleon Comp		801m
23	Emily BALDWIN Fitzalan High		794m
24	Megan DAVIES Dyffryn Taf Whitland		771m
25	Phoebe THOMAS Dyffryn Taf Whitland		747m
26	Isobell HALL Carleon Comp		746m

Results

005:00

Women's Junior 15 - 005:00

Position	Name, Club/Team Name	Age	Result
1	Alice HOWELLS Glantaf		1304m
2	Hetty PALMER Llanishen High		1290m
3	Bella WITT Llandovery College		1287m
4	Mollie MARTYN Bishop of Hereford Blu		1169m
5	Tegan HARRISON Dyffryn Taf Whitland		1158m
6	Amy MORGAN Dyffryn Taf Whitland		1145m
7	Jess HOLMES Llandaff Cathedral		1136m
8	Alisa GRAHAM Whitchurch High		1126m
9	Bethan REGISTER Whitchurch High		1112m
10	Laura McNEE Whitchurch High		1096m
11	Maye JABI Llandaff Cathedral		1074m
12	Sophie TAYLOR Llandaff Cathedral		986m
13	Emily D-SOUZA Llandaff Cathedral		973m

Results

004:00

Men's Junior 12 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	St Johns BEAUMONT BERKS St John's Be		1070m
2	St Johns BEAUMONT BERKS St John's Be		1030m
3	St Johns BEAUMONT BERKS St John's Be		977m
4	Fitzalan HIGH Fitzalan		951m
=5	Whitchurch High School Whitchurch Wa		934m
=5	Dyffryn Taf WHITLAND Dyffryn Taf - B		934m
7	Ysgol PLASMAWR Plasmawr - B		887m
8	St Teilo's SCH St Teilo's		884m
9	Llanwern High NEWPORT Llanwern High,		881m
10	Ysgol PLASMAWR Plasmawr - A		879m
11	Corpus Christi HIGH SCH Corpus Chris		878m
12	Whitchurch High School Whitchurch Be		876m
13	Whitchurch High School Whitchurch Ce		862m
14	Ysgol GLANTAF Glantaf		798m
15	Dyffryn Taf WHITLAND Dyffryn Taf - A		771m
16	Whitchurch High School Whitchurch De		761m

Results

004:00

Men's Junior 13 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	St Johns BEAUMONT BERKS St John's Be		1146m
2	St Teilo's SCH St Teilo's		1089m
3	Corpus Christi HIGH SCH Corpus Chris		1063m
4	St Johns BEAUMONT BERKS St John's Be		1053m
5	Carleon COMP Carleon Comp - A		1015m
6	Ysgol GLANTAF Glantaf		1013m
7	Dyffryn Taf WHITLAND Dyffryn Taf - C		1011m
8	Whitchurch High School Whitchurch		967m
9	Fitzalan HIGH Fitzalan		950m
10	Carleon COMP Carleon Comp - B		919m
11	Dyffryn Taf WHITLAND Dyffryn Taf - B		917m
12	Dyffryn Taf WHITLAND Dyffryn Taf - A		861m
13	Llanwern High NEWPORT Llanwern High,		842m
14	Llanishen High Llanishen		830m

Results

004:00

Men's Junior 14 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Whitchurch High School Whitchurch Ce		1184m
2	Carleon COMP Carleon Comp		1162m
3	Whitchurch High School Whitchurch Be		1121m
4	Corpus Christi HIGH SCH Corpus Chris		1118m
5	Llanwern High NEWPORT Llanwern High,		1111m
6	St Teilo's SCH St Teilo's		1105m
7	Dyffryn Taf WHITLAND Dyffryn Taf - B		1092m
8	Ysgol GLANTAF Glantaf		1085m
9	Fitzalan HIGH Fitzalan		1047m
10	Ysgol PLASMAWR Plasmawr - B		999m
11	Whitchurch High School Whitchurch Wa		986m
12	Dyffryn Taf WHITLAND Dyffryn Taf - A		967m

Results

004:00

Men's Junior 15 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Whitchurch High School Whitchurch Be		1281m
2	Ysgol GLANTAF GLANTAF - A		1246m
3	Carleon COMP Carleon Comp		1224m
4	Ysgol GLANTAF GLANTAF - B		1207m
5	Monmouth SCH Monmouth		1204m
6	St. TEILOs St Teilos		1140m
7	Monmouth SCH Monmouth		1138m
8	Whitchurch High School Whitchurch Wa		1107m
9	St Teilo's SCH St Teilo's		1087m

Results

004:00

Men's Junior 16 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Calstock RC DEVON Calstock RC, Devon		1328m
2	Whitchurch High School Whitchurch Be		1321m
3	Ysgol PLASMAWR Plasmawr		1305m
4	Llandaff CATHEDRAL Llandaff Cathedra		1301m
5	Whitchurch High School Whitchurch Wa		1155m

Results

004:00

Women's Junior 12 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Whitchurch High School Whitchurch		908m
2	Fitzalan HIGH Fitzalan		780m

Results

004:00

Women's Junior 13 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Fitzalan HIGH Fitzalan		1007m
2	St Teilo's SCH St Teilo's		986m
3	Carleon COMP Carleon Comp		952m
4	Dyffryn Taf WHITLAND Dyffryn Taf - B		947m
5	Ysgol PLASMAWR Plasmawr - B		881m
6	Ysgol PLASMAWR Plasmawr - A		866m
7	High LLANISHEN Llanishen		862m
8	Dyffryn Taf WHITLAND Dyffryn Taf - A		853m
9	Whitchurch High School Whitchurch		814m
10	Llanwern High NEWPORT Llanwern High,		796m

Results

004:00

Women's Junior 14 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Ysgol GLANTAF GLANTAF		1073m
2	Whitchurch High School Whitchurch		1013m
3	Ysgol PLASMAWR Plasmawr		1010m
4	Dyffryn Taf WHITLAND Dyffryn Taf - B		986m
5	Llanishen High Llanishen		968m
6	St Teilo's SCH St Teilo's		966m
7	Cardiff HIGH SCH Cardiff High		953m
8	Carleon COMP Carleon Comp - B		946m
9	Dyffryn Taf WHITLAND Dyffryn Taf - A		940m
10	Carleon COMP Carleon Comp - A		925m
11	St. TEILOs St Teilos		922m
12	Fitzalan HIGH Fitzalan		884m

Results

004:00

Women's Junior 15 Team - 004:00

Position	Name, Club/Team Name	Age	Result
1	Stanwell COMP Stanwell		1080m
2	Llanishen High Llanishen		1078m
3	Whitchurch High School Whitchurch		1076m
4	Ysgol GLANTAF GLANTAF - A		1006m
=5	Ysgol GLANTAF GLANTAF - B		1001m
=5	Dyffryn Taf WHITLAND Dyffryn Taf		1001m

Results

Men's Junior 16 - 2000m

Position	Name, Club/Team Name	Age	Result
1	Tobias WOODS Bishop of Hereford Blue		06:51.8
2	Alex BOORMAN Whitchurch High		06:58.7
3	David SCOLES Calstock RC		07:01.9
4	Jack OSBOURNE Calstock RC		07:11.9
5	Will FRASER Bishop of Hereford Bluec		07:12.4
6	Ben JONES Radyr Comp.		07:15.3
7	Tom OSBOURNE Calstock RC		07:15.6
8	Ryan JAMES Radyr Comp		07:24.7
9	Sam ALSAFFAR Bishop of Llandaff		07:29.2
10	Michael SPINK Bishop of Hereford Blu		07:35.8
11	Alex JORDAN Calstock RC		07:37.9
12	Joe CLAYTON Queen Elizabeth High, Ca		07:41.2
13	Fergus KERRIGAN Queen Elizabeth High		08:41.9
14	Wesley HUGHES Queen Elizabeth High,		09:02.1

Results

Men's Junior 17 - 2000m

Position	Name, Club/Team Name	Age	Result
1	Rhys DUTFIELD Llanishen High		06:48.1
2	Michael WALSH Whitchurch High		07:10.9
3	Isaac RIDGELY Stanwell Comp		07:28.1

Results

Women's Junior 16 - 2000m

Position	Name, Club/Team Name	Age	Result
1	Grace NICHOLSON Cardiff High		08:01.6
2	Megan HALPIN Bishop of Hereford Blue		08:10.9
3	Sophie WITT Llandovery College		08:36.6
4	Charlotte BERTELLI Whitchurch High		08:45.8
5	Fi GRIFFITH Llandovery College		08:50.3
6	Sophie BELL Cardiff High		08:51.9
7	Jazleen GREWAL-DHOOT Radyr Comp		09:25.8

Results

Women's Junior 17 - 2000m

Position	Name, Club/Team Name	Age	Result
1	Taylor ROBINSON Pencoed College		07:35.6

Results

Women's Junior 18 - 2000m

Position	Name, Club/Team Name	Age	Result
1	Beth HOPE- BELL Llandovery College		07:41.1
2	Fran RICHARDS Glantaf		07:58.0
3	Becci WITT Llandovery College		08:14.7